



LiquiNutrients

INTRODUCED APRIL 2009

What Is It?

LiquiNutrients is a liquid multivitamin/mineral designed for adults and children over 4 years. It is a complete hypo-allergenic multivitamin/mineral supplement in a convenient naturally flavored and sweetened liquid form.

Indications

Adults and children over 4

Vitamin/Mineral Distinctions:

- Hypo-allergenic vegetarian formula
- Activated vitamins and chelated minerals for optimal absorption

Special Features:

- Enhanced with natural beta carotene, lutein, cranberry, tomato and carrot for powerful antioxidant protection*
- Naturally flavored and sweetened

What Is The Source?

The nutrients found in LiquiNutrients are derived from the following:

Vitamin C: corn dextrose fermentation

Vitamin D₃: lanolin

Vitamin E: soybean oil

Vitamin B₁ (thiamine HCl): synthetic

Vitamin B₂ (riboflavin): corn dextrose fermentation

Niacinamide and Niacin: synthetic

Vitamin B₅ (calcium pantothenate): synthetic

Vitamin B₆ (pyridoxal HCl): synthetic

Vitamin B₁₂ (methylcobalamin): corn dextrose fermentation

Folic acid: synthetic

Biotin: synthetic

Minerals: naturally derived from lime of rock

Beta carotene: *D. salina* (algae)

Lutein: marigold

Source of the mineral chelates include:

Aspartate: synthetic

Citrate: corn dextrose fermentation

Glycinate: synthetic

Gluconate: corn dextrose fermentation

Natural vegetable glycerin is derived from coconut, palm and palm kernel oil. Natural mango and orange flavors are derived from the fruit. Citric acid is derived from corn dextrose fermentation. Maltodextrin is derived from corn. Cranberry juice concentrate is derived from the whole fruit and includes the fiber and seed oil. Carrot juice concentrate is derived from organic *Daucus carota* root. Tomato juice concentrate is derived from organic *Lycopersicon esculentum* fruit.

Recommendations

Pure Encapsulations recommends:

- Adults: 2 teaspoons per day, with meals
- Children ages 4 and up: 1/2-1 teaspoons per day, with meals.

Are There Any Potential Side Effects Or Precautions?

At this time, there are no known side effects or precautions. If pregnant or lactating, consult your physician before taking this product.

Are There Any Potential Drug Interactions?

At this time, there are no known adverse reactions when taken in conjunction with medications. Consult your physician for more information.

(continued)

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For educational purposes only. Consult your physician for any health problems.



LiquiNutrients

two tsp (10 ml/0.35 fl oz) provides	V
calories	15
total carbohydrate.....	4 g
ascorbic acid.....	100 mg
calcium (lactate gluconate).....	40 mg
vitamin D ₃	800 i.u.
vitamin E (d-alpha tocopheryl acetate).....	30 i.u.
thiamine HCl (B ₁)	7.5 mg
riboflavin 5' phosphate (B ₂)	4 mg
niacinamide (B ₃).....	25 mg
inositol hexaniacinate	25 mg
pyridoxine HCl (B ₆)	5 mg
folic acid	400 mcg
methylcobalamin (B ₁₂)	30 mcg
biotin.....	400 mcg
pantothenic acid (calcium pantothenate) (B ₅)	25 mg
iodine (potassium iodide).....	75 mcg
magnesium (gluconate).....	20 mg
zinc (gluconate)	15 mg
manganese (aspartate).....	1 mg
chromium (picolinate).....	200 mcg
molybdenum (aspartate)	75 mcg
boron (glycinate).....	700 mcg
beta carotene.....	1,000 i.u.
lutein	3 mg
carrot juice concentrate	25 mg
tomato juice concentrate	50 mg
cranberry juice concentrate.....	50 mg
stevia.....	100 mg
other ingredients: purified water, natural vegetable glycerin, licorice root extract, natural mango and orange flavors, malic acid, xanthan gum, potassium sorbate, purified stevia extract, maltodextrin, cranberry fiber, cranberry seed oil, guar gum, sunflower lecithin	

This formula requires refrigeration after opening. Shake well.

Adults: 2 teaspoons per day, with meals.

Children ages 4 and up: 1/2-1 teaspoon per day, with meals.



— Your Trusted Source —

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